

Every Minute Counts!

**Beating the clock
to save a
heart**



“We demand a high standard of quality from ourselves and settle for nothing less.”

— **Dr. David Cowger**
Chief Medical Officer and Senior Vice President,
Quality/Medical Affairs



The clock starts ticking the second the patient enters our Emergency Department.

Ninety minutes. It's the national standard set by the American College of Cardiology and the American Heart Association. Opening a blocked coronary artery within 90 minutes of a patient's arrival in the ER saves lives.

At Altoona Regional, we are meeting or beating that 90-minute goal as well as or better than many of the top hospitals in the country.

Compare our performance at www.hospitalcompare.hhs.gov or go to www.altoonaregional.org/exceptional to learn more about how our exceptional people are providing exceptional health care to Central Pennsylvania.



**Altoona Regional
Health System**

A nonprofit community health care system

Exceptional People. Exceptional Health Care.

www.altoonaregional.org/exceptional